

BIOGRAPHICAL SKETCH

Provide the following information for the key personnel in the order listed for Form Page 2.
Follow the sample format on for each person. (See attached sample). **DO NOT EXCEED FOUR PAGES.**

NAME		POSITION TITLE	
Lidia Zylowska, M.D.		Clinical Scholar, RWJ Fellowship	
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Wayne State Univ., Detroit, MI	B.A.	1994	Biology
Wayne State Univ. School of Medicine, Detroit, MI	M.D.	1998	Medicine
NPI/University of California, Los Angeles	Intern/ Resident	1998-2000	Psychiatry
University of California, Los Angeles	Fellow	2000-2001	Integrative East-West Medicine
NPI/University of California, Los Angeles	Resident	2001-2003	Psychiatry
UCLA Robert Wood Johnson Clinical Scholars Program	Clinical Scholar, MHSR planned	2003-present	Health Services Research

A. Positions and Honors.**Positions and Employment**

1998 – 1999	Intern in Psychiatry, University of California, Los Angeles
1999 – 2000	Resident in Psychiatry, University of California, Los Angeles, PGY II
2000 – 2001	Fellow/Staff Physician, UCLA Center for East-West Medicine
2001 – 2003	Resident in Psychiatry, University of California, Los Angeles, PGY III and PGY IV
2003 – Present	Clinical Scholar, The Robert Wood Johnson Foundation Clinical Scholars Program, University of California, Los Angeles

Other Experience and Professional Memberships

1997	Member, American Psychiatric Association
1998	Member, Southern California Psychiatric Association
1999	Member, Residency Curriculum Assessment Committee, Psychiatry Residency, UCLA/NPI
2000 – 2001	Course Coordinator and Instructor: “Introduction to East-West Medicine Clerkship” for 1 st and 4 th Year Medical Students, UCLA School of Medicine
2000 – 2001	Project Coordinator; A Multi-Center Research Study to Investigate the Role of Anti-Hypertensive and Lipid-Lowering Treatment in Prevention of Heart Attacks (ALLHAT Study), UCLA East-West Center Site
2000	Conference Coordinator and Speaker, Fifth Annual Conference on Integrative East-West Medicine, UCLA Center for East West Medicine
2001	Member, Association of Women Psychiatrists
2001	Participant, UCLA Clinical Research Training Course
2002	Participant, The Second World Congress in Integrative Medicine, Beijing, China
2003	Participant, Mind-Body-Spirit Professional Training, Mind-Body-Spirit Institute, Florida
2002 – 2003	Chief Resident, UCLA Behavioral Medicine Clinic

Honors

1990 – 1994	Merit Scholarship for Academic Excellence, Wayne State University
1994 – 1995	Board of Governors’ Scholarship for Academic Excellence, Wayne State University School of Medicine

Principal Investigator/Program Director (Last, First, Middle):

1996 – Present Alpha Omega Alpha Honor Medical Society, Wayne State University School of Medicine

B. Selected peer-reviewed publications (in chronological order).

1. Hui KK, Yu J, **Zylowska L**. The progress of Chinese medicine in the USA. In: Chan K, Lee H (Eds.), *The Way Forward for Chinese Medicine*. Harwood Amsterdam, The Netherlands: Academic Publishers, 2000.
2. Hui KK, **Zylowska L**, Hui EK, Yu JL, Li JJ. Introducing integrative East-West medicine to medical students and residents. *J Altern Complement Med* 2002;8:507-15.
3. **Zylowska L**, Hui KK. Chinese medicine's mind-body integrative approach to anxiety disorders. *Primary Psychiatry* 2002;9:29-32.

C. Research Support

Ongoing Research Support

RWJ Award Grant # 040028 and #045492

070/1/03 – 06/30/05

The Robert Wood Johnson Clinical Scholars Program, UCLA

The Clinical Scholars Program is designed to train young physicians in health services research, health policy, biostatistics, economics, and other relevant disciplines important to medical care systems. The program includes two years of graduate-level study and research. The research project will investigate the introduction of mind-body interventions in diverse clinical and non-clinical (medical education) settings.

Role: Clinical Scholar